

# COVID-19

## Testing and Isolation Requirements after Travel

Guidelines for how to self-isolate can be found [here](#).

### Mandatory 14 day self-isolation



NB resident returning to NB from post-secondary education or unnecessary domestic travel



International travellers into NB (including temporary foreign workers, international students, workers)



NB resident returning to NB after working in another jurisdiction (not returning to workplace) (*Individual can be released from isolation with a negative test on day 7 and day 10-12*)



Canadians coming to a NB post-secondary institution or a school setting



Individuals moving to NB

\* Travel into New Brunswick is now further restricted and will be permitted only for work, medical reasons, retrieving essential supplies for the communities of Pointe-à-la-Croix and Listuguj First Nation in Québec, child custody or compassionate reasons if approved by Public Health.

### 14 day “work isolation” *In some cases, can be shortened with negative testing.*



NB resident returning to a New Brunswick workplace after working in another jurisdiction (*Individual can be released from isolation with a negative test on day 7 and 10-12*)



Non-resident of NB coming to work in NB (*Option for day 7 test but must complete 14 day work isolation*)



NB resident returning to NB after medical care in another province (*Individual can be released from isolation with a negative test on day 7 and 10-12*)

\* Individuals in work isolation must travel to and from their destination without making any additional stops. They must wear a mask at all times in public and stay in their household bubble.

### No isolation required *Weekly testing available.*



Operators of commercial air, rail, marine and trucks



Regular cross border commuters



Residents of Campobello Island



Cross border child custody/care (*Weekly mandatory testing*)