



Fundy Water Safety

Swim Level, Aqua Tots & Caregiver Attended Conversions



If your child.....	Register in Fundy Water Safety	Previously in Lifesaving Society Swim For Life	Previously in Red Cross
Is 4-12 months old and ready to learn to enjoy the water with a caregiver...	Salamander	Parent & Tot 1	Starfish
Is 12 to 24 months old, or has completed the previous level and ready to learn to enjoy the water with a parent...	Frog	Parent & Tot 2	Duck
Is 24 to 36 months old, or has completed the previous level and ready to learn to enjoy the water with a parent...	Duck	Parent & Tot 3	Sea Turtle
Is 2-4 years of age, has completed the previous level, but isn't quite ready to be without a caregiver in the water.	Seahorse	No Equivalent	No Equivalent
Is 2-4 years of age, has completed the previous level, but isn't quite ready to be without a caregiver in the water.	Salmon	No Equivalent	No Equivalent
3-6			
Is 3 to 5 and just starting out on their own...	Lobster	Preschool 1	Sea Otter
Learns to float, swim and glide independently. Needs to be mostly comfortable with jumping in and submersion	Turtle	Preschool 2	Salamander
Jump into chest-deep water; submerge and exhale underwater; float on front & back in deep water unassisted for 5 seconds...	Sea Otter	Preschool 3	Sunfish
Can jump into deep water without a lifejacket; recover objects from the bottom (shallow water); hold breath underwater; float, glide & kick on front and back...	Dolphin	Preschool 4	Crocodile
Can do solo jumps into deep water; swim 10 metres on back & 15 on front, can do 10 metre front and back glide, can kick 15 m...	Manta Ray	Preschool 5	Whale
5-13			
Is 5 to 13 years old and just starting out...	Swim Level 1	Swimmer 1	Swim Kids 1
Can jump into chest-deep water by themselves and into deep-water wearing a lifejacket; open eyes, hold breath & exhale underwater; float, kick and glide on front & back...	Swim Level 2	Swimmer 2	Swim Kids 2
Can kick with straight legs under the water, can float in deep water for 5 seconds, can jump in and tread water in deep water, can put face in & blow bubbles, can glide on front, back & side...	Swim Level 3	Swimmer 3	Swim Kids 3





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If your child.....	Register in Fundy Water Safety	Previously in Lifesaving Society Swim For Life	Previously in Red Cross
Can kick on back with straight legs, making little kicks, can swim one full lap without stopping, can swim on front with their face in the water & is comfortable in deep water...	Swim Level 4	Swimmer 4	Swim Kids 4
Can swim two full laps of the lap pool, can tread water, is comfortable with kneeling dives & has been introduced to front crawl...	Swim Level 5	Swimmer 4	Swim Kids 5
Can swim three lengths of the lap pool, tread water for 1 min or longer, can dive into deep water, can do whip kick, back crawl & front crawl comfortably...	Swim Level 6	Swimmer 5	Swim Kids 6
Can swim 6 lengths of the lap pool, can do dolphin kick on front, can do elementary back stroke, is very comfortable doing front & back crawl...	Swim Level 7	Swimmer 6	Swim Kids 7
Is strong treading water, can do both a standing dive & a stride dive, can approach the bottom of the lap pool, can comfortably do whip kick on front, is fairly technically strong with front & back crawl...	Swim Level 8	Beyond SFL	Swim Kids 8
Can tread water using only eggbeater, can swim 16 lengths of the lap pool, is strong with front crawl, back crawl, elementary back stroke & breaststroke...	Swim Level 9	Beyond SFL	Swim Kids 9
Can swim 20 lengths of the lap pool, is technically very proficient in front crawl, back crawl, elementary back stroke, breaststroke, scissor kick & dolphin kick...	Swim Level 10	Beyond SFL	Swim Kids 10

The Garcelon Civic Center Aquatic Center is very excited to announce its transfer from the Red Cross “learn to swim” program to the Fundy Water Safety swim program. We have decided to do this to best benefit all of our swimmers, instructors, and future lifeguards! The above chart should help to make the transition to the new programming as easy and as simple as possible. For any questions, please email aquatics@chocolatetown.ca, or call (506) 467-3030 x120. We look forward to our move to this new program, and hope that you are as excited as we are!

