



Garcelon Civic Center Aquatic Schedule

November 1st – December 1st, 2022

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool	
8:00-9:00	Lap Swim/Rental: 8:00-1:00	Open	Lap Swim/Rental: 8:00-1:00	Open	Lap Swim/Rental: 8:00-9:15	Open	Lap Swim/Rental: 8:00-1:00	Open	Lap Swim: 8:00-9:15	Open					
9:00-10:00		Parent & Tot: 9:15-10:45		Closed		Closed		AquaStretch: 9:30-10:15		Aquafit: 9:30-10:15	Parent & Tot: 9:15-10:45	Closed	AquaStretch: 9:30-10:15	Aquafit: 9:30-10:15	Parent & Tot: 9:15-10:45
10:00-11:00	Private Rental: 11:00-11:30	Open	Advanced Stretch: 10:30-11:15	Open	Aquajog: 10:30-11:00	Closed	Lap Swim/Rental: 11:15-1:00	Open	Advanced Stretch: 10:30-11:15	Closed	Aquajog: 10:30-11:00	Closed	Private Swim Lessons: 10:30-11:30	Family Swim: 10:30-12:15	
11:00-12:00				Parent & Tot: 11:30-1:00		Open		Open		Parent & Tot: 11:30-1:00		Open			Lap Swim/Rental: 11:15-1:00
12:00-1:00	Closed		Closed		Closed		Closed		Closed		Great Barrier Busters: 11:45-1:30		Closed		
1:00-2:00	Adaptive Swim: 1:30-2:30		Adaptive Swim: 1:30-2:30		Adaptive Swim: 1:30-2:30		Adaptive Swim: 1:30-2:30		Adaptive Swim: 1:30-2:30		Closed		Leisure Swim/Rental: 12:30-3:00		
2:00-3:00	Leisure Swim/Rental: 1:30-3:45		Leisure Swim/Rental: 1:30-3:45		Leisure Swim/Rental: 1:30-5:30		Leisure Swim/Rental: 1:30-5:30		Leisure Swim/Rental: 1:30-3:45		Leisure Swim/Rental: 2:00-3:15		Closed		
3:00-4:00	Closed		Closed		Leisure Swim/Rental: 1:30-5:30		Leisure Swim/Rental: 1:30-5:30		Closed		Toonie Swim: 3:30-6:00		Swim Team: 4:00-5:30	Lap Swim: 3:30-5:30	Open
4:00-5:00	Lessons: 4:00-5:45		Toonie Swim: 4:00-5:45		Closed		Closed		FREE Friday Fun Swim: 4:00-7:30		Toonie Swim: 3:30-6:00		Closed		
5:00-6:00	Closed		Closed		Closed		Closed		Closed		Toonie Swim: 3:30-6:00		Closed		
6:00-7:00	Swim Team: 6:00-8:00	Open	Special Olympics: 6:00-7:30		Swim Team: 6:00-8:00	Open	Swim Team: 6:00-8:00	Open	Swim Team: 6:00-8:00	Open	Closed		Closed		
7:00-8:00	Closed		Closed	Closed	Closed		Closed		Closed		Closed	Closed	Closed	Closed	Closed
8:00-9:00	Lap Swim: 8:00-9:00	Open	Lap Swim: 8:00-9:00	Open	Lap Swim: 8:00-9:00	Open	Lap Swim: 8:00-9:00	Open	Lap Swim: 8:00-9:00	Open	Closed		Closed		

See back of schedule for swim/class descriptions, rental information and caregiver:swimmer ratios.



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Swim Descriptions

Toonie Swim: A recreational swim that includes the lap pool & the water slide at the discretion of staff for a fee of \$2.00!

Free Friday Fun Swim: A free swim for anybody to attend hosted once per week every Friday! This swim will include use of the slide at the discretion of the Lifeguards/Supervisor on-duty.

Leisure Swim: Three lanes are in the water for lap swimming, while three lanes are out for a large multi-purpose space/somewhere to have fun! Is available for a \$5.00 fee.

Private Swim Lessons Please contact Aaron Muzzatti at 467-3030 x120, or aquatics@chocolatetown.ca to arrange for private swimming lessons.

Family Swim: A swim for families with kids under 18, costing \$5 per person, or \$21.50 for a family of 5.

Parent & Tot: A swim for parents and their children aged 6 and under, with a fee of \$2 for parent/guardian & child, with children under 2 swimming for free.

Adaptive Swim A swim designed for persons with disabilities and a parent/guardian (1:1). The fee for this swim is \$5.00 for one swimmer and one caregiver (the \$5.00 fee covers both individuals)

Lap Swim: Six lanes will be open (unless specified otherwise), designated only for swimming laps. Swimmers under 7 must pass a deep-end test administered by a lifeguard to be allowed in the lap pool, and must, at all times be within arms reach of a parent/guardian aged 16+. Swimmers 8-11 must have a parent on the pool deck at all times. All participants must be lap swimming when in the lap pool. The fee for this swim is \$5.00/person.

AquaStretch: A brief warm-up of upper and lower body, followed by stretching of the muscle groups, performed in the therapy pool

Advanced Stretch: An instructor led class in the Therapy Pool. Stretch based exercises the centre around sports activities.

Aquafit: Low impact warm-up, followed by an upper and lower body workout with the use of equipment incorporated in to enhance the workout. Performed in the lap pool.

Aquajog: Low impact, deep-end based workout using belts. This workout is based on a jog routine

Rental Information

Rental Rates, One Pool:

(All taxes included):

- 1-25 Swimmers..... \$99.00/hr
- 26-50 Swimmer..... \$121.00/hr
- 51-75 Swimmers..... \$141.00/hr
- 76-90 Swimmers..... \$181.00/hr
- 91+ Swimmers..... Please inquire with the Aquatics Dept
- Lane Rental:..... \$10.25/hr

(Terms and conditions apply, please inquire with the Town of St. Stephen Aquatics Dept.)

Rental Rates, Two Pools:

(All taxes included):

- 1-25 Swimmers..... \$162.00/hr
- 26-50 Swimmers..... \$204.00/hr
- 51-75 Swimmers..... \$245.00/hr
- 76-90 Swimmers..... \$287.00/hr
- 91+ Swimmers..... Please inquire with the Aquatics Dept.

Children aged 7 and under are required to have one parent/guardian per two kids, in the water, within arm's reach. Children between and including the ages 8 and 11 must have one parent/guardian (aged 16 or older) per six children on the pool deck at all times.