



# Garcelon Civic Center Aquatic Schedule

March 20<sup>th</sup> – April 16<sup>th</sup>, 2023

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool
8:00-9:00	Closed	Open	Closed	Open	Closed	Open	Closed	Open	Closed	Open	Closed	Closed	Closed	Closed
9:00-10:00	Lap Swim (Rental Available): 8:15-1:00	Parent & Tot: 9:15-10:45	Lap Swim (Rental Available): 8:15-11:45	AquaStretch: 9:30-10:15	Aquafit: 9:30-10:15	Parent & Tot: 9:30-10:45	Lap Swim (Rental Available): 8:15-11:45	AquaStretch: 9:30-10:15	Aquafit: 9:30-10:15	Parent & Tot: 9:30-10:45	Closed	Closed	Closed	Closed
10:00-11:00	Open	Private Rental: 11:00-11:30	Open	Advanced Stretch: 10:30-11:15	Closed	Closed	Open	Advanced Stretch: 10:30-11:15	Closed	Closed	Closed	Closed	Closed	Closed
11:00-12:00	Open	Private Rental: 11:00-11:30	Closed	Open	Lap Swim (Rental Available): 11:15-1:00	Open	Closed	Open	Lap Swim (Rental Available): 11:15-1:00	Open	Lap Swim: 10:30-1:30	Open	Toonie Swim: 10:30-12:15	Closed
12:00-1:00	Closed	Adaptive Swim: 1:30-2:30	Private Rental: 12:15-2:15	Closed	Closed	Adaptive Swim: 1:30-2:30	Private Rental: 12:15-2:15	Closed	Closed	Adaptive Swim: 1:30-2:30	Closed	Closed	Lap & Leisure Swim (Rentals Available): 12:30-3:00	Closed
1:00-2:00	Lap & Leisure Swim (Rentals Available): 1:30-3:45	Lap & Leisure Swim (Rentals Available): 2:30-3:45	Lap & Leisure Swim (Rentals Available): 2:30-3:45	Closed	Lap & Leisure Swim (Rentals Available): 1:30-5:30	Adaptive Swim: 2:30-3:30	Lap & Leisure Swim (Rentals Available): 2:30-5:30	Lap & Leisure Swim (Rentals Available): 2:30-3:30	Lap & Leisure Swim (Rentals Available): 1:30-3:45	Closed	Lap & Leisure Swim (Rentals Available): 2:00-3:00	Closed	Closed	Closed
2:00-3:00	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed
3:00-4:00	Toonie Swim: 4:00-5:30	Toonie Swim: 4:00-5:30	Toonie Swim: 4:00-5:30	Toonie Swim: 4:00-5:30	Toonie Swim: 4:00-5:30	Toonie Swim: 4:00-5:30	Toonie Swim: 4:00-5:30	Toonie Swim: 4:00-5:30	Toonie Swim: 4:00-5:30	Toonie Swim: 4:00-5:30	Toonie Swim: 4:00-5:30	Toonie Swim: 4:00-5:30	Toonie Swim: 4:00-5:30	Toonie Swim: 4:00-5:30
4:00-5:00	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed	Closed
5:00-6:00	Swim Team: 6:00-8:00	Open	Special Olympics: 6:00-7:30	Closed	Swim Team: 6:00-8:00	Open	Swim Team: 6:00-8:00	Open	Swim Team: 6:00-8:00	Open	Swim Team: 6:00-8:00	Open	Swim Team: 6:00-8:00	Open
6:00-7:00	Swim Team: 6:00-8:00	Open	Special Olympics: 6:00-7:30	Closed	Swim Team: 6:00-8:00	Open	Swim Team: 6:00-8:00	Open	Swim Team: 6:00-8:00	Open	Swim Team: 6:00-8:00	Open	Swim Team: 6:00-8:00	Open
7:00-8:00	Swim Team: 6:00-8:00	Open	Special Olympics: 6:00-7:30	Closed	Swim Team: 6:00-8:00	Open	Swim Team: 6:00-8:00	Open	Swim Team: 6:00-8:00	Open	Swim Team: 6:00-8:00	Open	Swim Team: 6:00-8:00	Open
8:00-9:00	Lap Swim: 8:00-9:00	Open	Lap Swim: 8:00-9:00	Open	Lap Swim: 8:00-9:00	Open	Lap Swim: 8:00-9:00	Open	Lap Swim: 8:00-9:00	Open	Lap Swim: 8:00-9:00	Open	Lap Swim: 8:00-9:00	Open

Please see our Facebook page: <https://www.facebook.com/garcelonciviccenter> | or our Website: <https://town.ststephen.nb.ca/> for any schedule changes/updates.  
Changes/closures for rentals may occur up to 72 hours in advance, in slots marked "Rental Available".



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## Swim Descriptions

**Toonie Swim:** A recreational swim that includes the lap pool & the water slide at the discretion of staff for a fee of \$2.00!

**Public Swim:** A \$5.00/person swim for anybody to attend! This swim will include the basketball net, volleyball net, mats, toys and more!! Both pools and the slide (as available) are open during this swim.

**Lap & Leisure Swim:** Three lanes are in the water for lap swimming, while three lanes are out for a large multi-purpose space/somewhere to have fun! Is available for a \$5.00 fee.

**Parent & Tot:** A swim for parents and their children aged 6 and under, with a fee of \$2 for parent/guardian & child, with children under 2 swimming for free.

**Adaptive Swim:** A swim designed for persons with disabilities and a parent/guardian (1:1). The fee for this swim is \$5.00 for one swimmer and one caregiver (the \$5.00 fee covers both individuals)

**Lap Swim:** Six lanes will be open (unless specified otherwise), designated only for swimming laps. Swimmers under 7 must pass a deep-end test administered by a lifeguard to be allowed in the lap pool, and must, at all times be within arms reach of a parent/guardian aged 16+. Swimmers 8-11 must have a parent on the pool deck at all times. All participants must be lap swimming when in the lap pool. The fee for this swim is \$5.00/person.

**Special Olympics:** For persons with cognitive impairments (with or without co-morbid physical impairments) to learn to swim competitively or non-competitively with trained coaches. Competitive Swimmers have the opportunity to compete provincially, nationally, or internationally!

**Fitness Swimmer:** A focused swim taught by Swim NB coaches and FWS instructors. Fitness Swimmer is for individuals working to improve swim ability, endurance, cardiovascular health, weight loss and general health. Contact [aquatics@chocolatetown.ca](mailto:aquatics@chocolatetown.ca) for more information.

**AquaStretch:** A brief warm-up of upper and lower body, followed by stretching of the muscle groups, performed in the therapy pool

**Advanced Stretch:** An instructor led class in the Therapy Pool. Stretch based exercises the centre around sports activities.

**Aquafit:** Low impact warm-up, followed by an upper and lower body workout with the use of equipment incorporated in to enhance the workout. Performed in the lap pool.

**Aquajog:** Low impact, deep-end based workout using belts. This workout is based on a jog routine

## Rental Information

### Rental Rates, One Pool:

(All taxes included):

- 1-25 Swimmers..... \$99.00/hr
- 26-50 Swimmer..... \$121.00/hr
- 51-75 Swimmers..... \$141.00/hr
- 76-90 Swimmers..... \$181.00/hr
- 91+ Swimmers..... Please inquire with the Aquatics Dept
- Lane Rental:..... \$10.25/hr

(Terms and conditions apply, please inquire with the Town of St. Stephen Aquatics Dept.)

### Rental Rates, Two Pools:

(All taxes included):

- 1-25 Swimmers..... \$162.00/hr
- 26-50 Swimmers..... \$204.00/hr
- 51-75 Swimmers..... \$245.00/hr
- 76-90 Swimmers..... \$287.00/hr
- 91+ Swimmers..... Please inquire with the Aquatics Dept.

Rental request forms can be found at:  
town.ststephen.nb.ca/garcelon-civic-center

Children aged 7 and under are required to have one parent/guardian per two kids, in the water, within arm's reach. Children between and including the ages 8 and 11 must have one parent/guardian (aged 16 or older) per six children on the pool deck at all times.