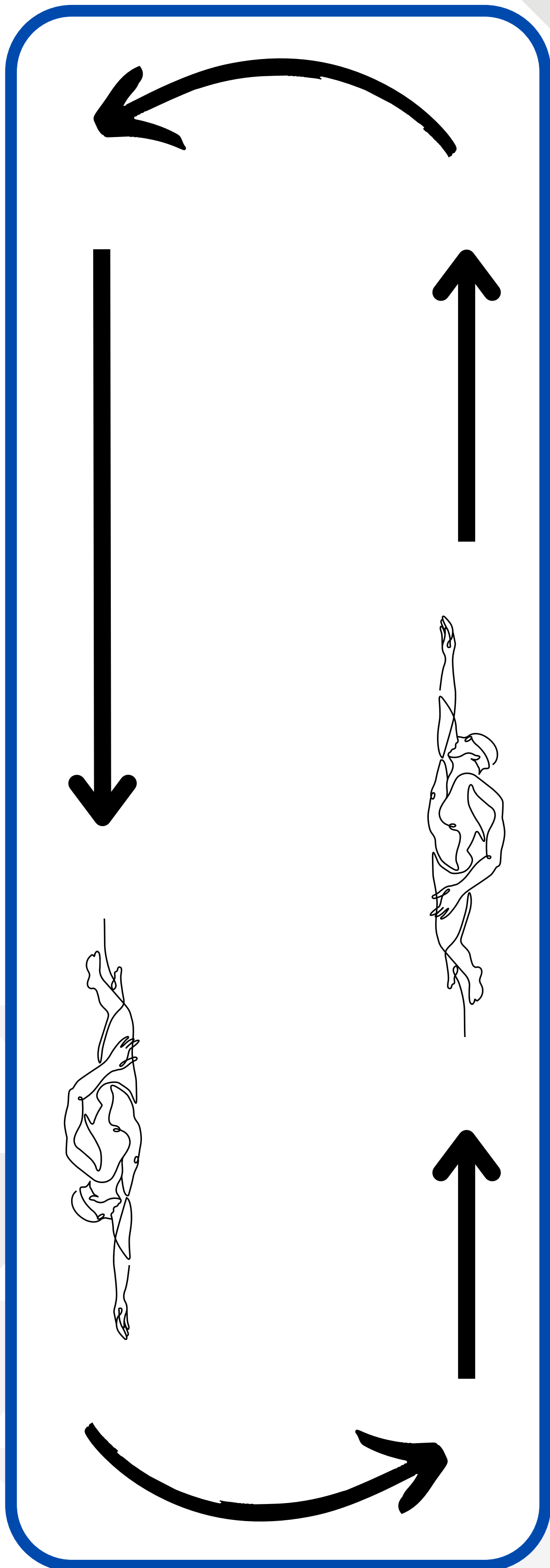


PLEASE FOLLOW LANE ETIQUETTE

**PLEASE BE CONSIDERATE OF YOUR
FELLOW LAP SWIMMERS!**



- **LAP SWIMS ARE FOR CONTINUOUS SWIMMING UP AND DOWN THE POOL INSIDE OF A LANE LENGTHWISE.**
- **DURING LAP SWIMS, INDIVIDUALS SHOULD NOT SPEND PROLONGED PERIODS OF TIME AT ONE END OF THE POOL.**
- **ALL LAP SWIMMERS ARE REQUIRED TO BE ABLE TO SHARE A LANE, IF THERE ARE NO OTHER LANES AVAILABLE.**
- **WHEN SHARING A LANE, WITH ONLY ONE OTHER SWIMMER, SWIMMERS CAN EITHER CIRCLE SWIM (SEE THE GRAPHIC TO THE SIDE), OR THEY SHOULD STAY ON ONE SIDE OF THE LANE NEVER SWIMMING IN THE MIDDLE UNLESS TO PASS.**
- **IN LANES WITH MORE THAN 2 SWIMMERS, SWIMMERS ARE TO CIRCLE SWIM ONLY TO PREVENT COLLISIONS.**